Topics



- Typhoid and Widal test
- Standard time of moon
- Atomic clock
- DPSP and Fundamental rights
- Nagaland Article 371A and 73rd AA
- Ritacuba Blanco glacier
- Mains



Target Mains -2024/25

Q "Colonisation of moon has multiple objectives "Elaborate.

प्रश्न "चंद्रमा के उपनिवेशीकरण के कई उद्देश्य हैं" विस्तार से बताएं।

Connect with sir **9057921649**

send your answer - Saurabh pandey upsc telegram channel

How the Widal test clouds India's sense of its typhoid problem

Because of the Widal test's propensity for erroneous results, the actual burden of typhoid in India remains obfuscated. A lack of awareness of the proper time at which to collect a blood sample, along with a lack of standardisation of kits and poor quality-control, compound the problem

Vasundhara Rangaswamy Parth Sharma

ore often than not, the experience for patients with a fever is to get tested and treated for a typhoid infection. The test is a rapid blood test called the Widal test. The subsequent treatment usually consists of tablets. typically in urban areas, or injections in

Typhoid spreads through contaminated food and water and is caused by Salmonella typhi and other related bacteria. Also known as enteric fever, it presents with a high fever. stomach pain, weakness, and other symptoms like nausea, vomiting, diarrhoea or constipation, and a rash. Some people, called carriers, may remain symptom-free and shed the bacteria in their stool for several months to years.

These symptoms mimic those of malaria, dengue, influenza, and typhus to name a few, each with different treatment modalities. If left untreated, typhoid can be life-threatening. Per the World Health Organisation, 90 lakh people are diagnosed worldwide with typhoid every year and I.I lakh die of it. A small 2023 study reported the burden to be 576-1173 cases per 100,000 child-years (one child year is one child being followed up for one year) in urban areas and 35 per 100,000 child years in rural Pune.

How is typhoid fever diagnosed? The gold standard for diagnosing typhoid in addition to a detailed medical history and a thorough examination - is to isolate the bacteria from a patient's blood or bone marrow and grow them in the lab. Stool and urine samples can also yield the same but with lower sensitivity.

However, performing culture tests in smaller clinical settings presents practical problems. Cultures are time-consuming and skill- and resource-intensive. Prior antibiotic treatment can also affect the results of cultures - a common issue due to the indiscriminate use of antibiotics in India. Some PCR-based molecular methods are known to be better but are limited by cost, need for specialised infrastructure, skilled personnel, and the inability to retrieve live bacteria for further tests.

Against this backdrop, in India. clinicians use the Widal test extensively to diagnose typhoid in both public and private sectors

As with other infections, our immune system produces antibodies in the blood against the bacteria, causing enteric fever. The Widal test rapidly detects and quantifies these antibodies. It's a point-of-care test and doesn't need special skills or infrastructure. Developed in the late 1800s by a French physician, it is no longer used in many countries because of its flaws - flaws that are rendered by the scale of the test's use in India to be abusive.

Why is Widal inappropriate? A single positive Widal test report doesn't necessarily mean a typhoid infection is present, and a negative report doesn't confirm the disease's absence. To diagnose an active infection, clinicians must test at least two serum samples taken at least 7-14 days apart, so that they may detect a change in concentrations of



The gold standard for diagnosing typhoid is to isolate the bacteria from, say, the blood of a patient and grow them in the lab. Representative image.

contaminated food and water and is

have also reported being charged Rs 500

injections by local healthcare providers

single Widal test. Patients in both urban

The irrational use of antibiotics is a

major cause of antimicrobial resistance

(AMR). Bacteria have also been known to

be able to transmit AMR between strains

and species, and they are not limited by

threat of AMR in one country represents

the threat of AMR everywhere. Some

of the Widal test, which facilitates

unnecessary use of antibiotics, will

difficult to control this preventable

of the patients already suffering.

until they're available, clinicians can

consider using best-practice heuristics

therefore only make it more and more

disease while adding to the financial woes

strains of Salmonella are also resistant to

multiple drugs. Continued irrational use

geographical borders. This is why the

and rural areas have reported selling

assets to receive these antibiotics.

following a typhoid diagnosis based on a

caused by Salmonella tynhi. Also

a high fever, stomach pain, and

to Rs 4,000 per dose of antibiotic

Typhoid spreads through

weakness

the antibodies. But getting two samples is rarely feasible and time-consuming

Second, in areas with high and continuous typhoid burden, certain levels of antibodies against the bacteria may already be present in the blood. Without knowing the baseline cut-off, it isn't possible to correctly interpret the test. A related issue is that different manufacturers of the test specify different cut-off values in their kits' user manuals

Third, the reagents used in the Widal test to reveal the presence of various antibodies can cross-react with antibodies produced against infections by other bacteria, viruses or parasites, or even in typhoid-vaccinated individuals, leading to false positives. Prior antibiotic therapy can also affect antibody levels and yield a false negative.

Correct diagnosis and appropriate treatment of enteric fever are important because serious complications, like severe intestinal bleeding or perforation, can develop within a few weeks if the disease is mismanaged. False negatives can thus delay diagnosis and lead to fatal

Consequences of the test's use

Because of the Widal test's propensity for erroneous results, the actual burden of typhoid in India remains obfuscated. A lack of awareness of the proper time at which to collect a blood sample, along with a lack of standardisation of kits and poor quality-control compound the

Further, a single test costs a couple hundred rupees. Patients in many States that provide a rational diagnosis and subsequent treatment options based on the regional data of effective antibiotics available against the bacteria .

These options should be coupled with ensuring adequate and safe food and water and functional sanitation to address known as enteric fever, it presents with the disease's root cause.

Improving access to better diagnostic tests could also address this problem. Doing a blood or bone marrow culture is often not feasible as it requires laboratory infrastructure that most parts of the country lack. Healthcare workers can instead benefit from a 'hub and spoke model, with sample collection sites at the periphery and district hospitals and medical colleges as the hubs that process samples. The latter facilities could also serve as research centres that generate regional prevalence and susceptibility

Next we need better surveillance to stay on top of the AMR caused by the overuse of the Widal test. The Indian Council for Medical Research publishes an annual report highlighting the typhoid bacteria's resistance patterns. As per the last report, in 2021, the number of samples tested to report susceptibility ranged from one from the 'East' region to

126 samples from the 'North' Finally, as typhoid also has symptom-free carriers, constant environmental vigilance and data-sharing are imperative.

We need to discover better point-of-care Dr. Vasundhara Rangaswamy is a tests that can replace the Widal test. And microbiologist and a rural physician. Dr. Parth Sharma is a public health physician. writer, and researcher.



Typhoid



Typhoid spreads through contaminated food and water and is caused by Salmonella typhi and other related bacteria.

FACTS ABOUT TYPHOID FEVER Globally, typhoid causes an estimated 21 million cases and 200,000 deaths every year. Typhoid comes from a bacterium called Salmonella Typhi. The disease may spread through contaminated food, water, or through contact with an infected individual. An estimated 70% of the people infected from typhoid come from international traveling. About 3 to 5% f people may still carry the typhoid % fever bacteria, even if symptoms go away with treatment.



Principle of Widal test:

 Antibody in the serum produced in the response to Salmonella organism, the kit contains antigen suspensions that are killed bacteria and they were stained to enhance the reading of agglutination tests.

 The <u>blue</u> stained antigens are specific to the somatic antigens (O-Ag), while the <u>red</u> stained antigens are specific to the flagella antigens (H-Ag).



Station 6 (base of North Massif) on the moon during the Apollo 17 expedition in 1972, nasa

NASA working out a time standard for the moon

Suchitra Karthikeyan

In September 2025, NASA's four-member Artemis crew is scheduled to fly around the moon in preparation for the space agency's mission to land on the moon

agency's mission to land on the moon again.
To support such missions, the White House Office of Science and Technology House Office of Science and Technology establish a Coordinated Lurar Time GLTO to standardise time selling on the moon. The LTC will be the standard to measure ciclium operations with the earth's UTC Coordinated Universal Time (UTC).

(UTC).

Roping in federal departments like the U.S. Departments of Commerce, Defense, State, and Transportation, the White House has set a deadline of December 31, 2026, for NASA and its international partners in deliver a structure to. partners to deliver a strategy to implement LTC. The project falls under the current

The project fails under the current administration's National Cislumar Science and Technology Strategy. The idea for the UTC was formulated in the 1960s. Atomic clocks are known for their extreme accuracy. A weighted The White House's Celestial Time

Standardisation policy seeks to assign a time standard to each celestial body and its

surrounding space environment

average of hundreds of atomic clocks produces the International Atomic Time (TAI). Solar time on the other hand is

Solar time on the other hand is calculated by measuring the card's rotation relative to the Sun, and is variable in nature.

The UTC was designed to accommodate the difference between solar time and atomic time, and is kept within 0.9 second of solar time to follow the earth's rotational variations and within an execution of solar time.

TAI.

Currently, moon missious follow the time of the country that operates the spacecraft, while clocks on the lateral trial trial

its surrounding space environment focusing on the lunar surface and

focusing on the lumar surface and missions operating in cishmar space. It outlines the four features such a standard must possess: "traceability to the UTC", "scalability beyond the earth-Moon system", "accuracy for precision navigation and science", and "resilience to loss of contact with the

resinence to loss or contact with me earth". Unlike the earth, however, the moon will have only one time zone and daylight saving will be unnecessary. Various space agencies around the world are currently planning to establish a permanent human presence on the

a permanent human presence on the moon.

A system like the LTC could help coordinate their activities with each other and with their respective ground stations as well as, in future, lay the foundation for a dedicated humar satellite navigation system by 2000.

This system will function similar to how the clobal Positioning System does





Standard time for moon

- In September 2025, NASA's four-member Artemis crew is scheduled to fly around the moon in preparation for the space agency's mission to land on the moon again.
- To support such missions, the White House Office of Science and Technology Policy (OSTP) has directed NASA to establish a Coordinated Lunar Time (LTC) to standardise time-telling on the moon.
- The LTC will be the standard to measure cislunar operations with the earth's UTC Coordinated Universal Time (UTC).



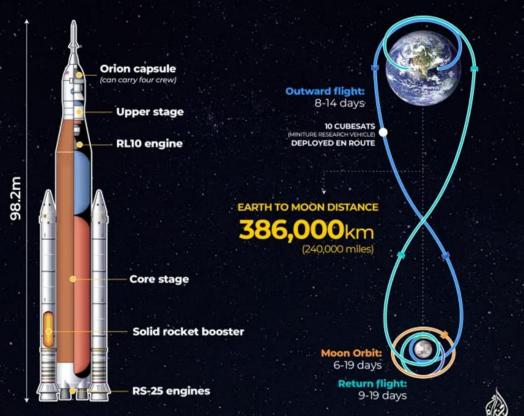
- The idea for the UTC was formulated in the 1960s. Atomic clocks are known for their extreme accuracy.
- A weighted average of hundreds of atomic clocks produces the International Atomic Time (TAI).
- Solar time on the other hand is calculated by measuring the earth's rotation relative to the Sun, and is variable in nature.
- The UTC was designed to accommodate the dierence between solar time and atomic time,

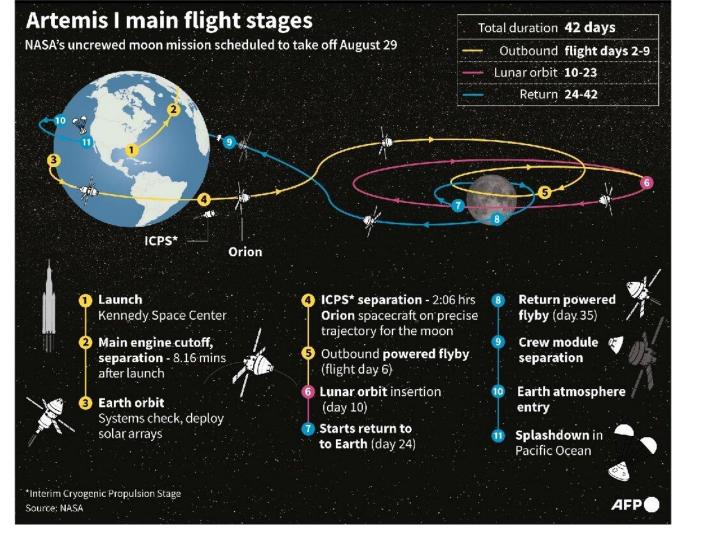
SPACE

NASA's Artemis moon mission

SAURABII PANDEY
CS E
THOM SAULS WITHER EBUGANE

Artemis I is the first stage of NASA's new lunar exploration programme, which has the ultimate goal of establishing a long-term presence on the moon's surface.







Atomic clocks

- Atoms are composed of a nucleus (consisting of protons and neutrons) surrounded by electrons.
- Each element on the periodic table represents an atom with a certain number of protons in its nucleus.
- The number of electrons swarming around the nucleus can vary, but they must occupy discrete energy levels, or orbits.
- A jolt of energy in the form of microwaves can cause an electron to rise to a higher orbit around the nucleus.
- The electron must receive exactly the right amount of energy meaning the microwaves must have a very specific frequency in order to make this jump.



- The energy required to make electrons change orbits is unique in each element and consistent throughout the universe for all atoms of a given element.
- For instance, the frequency necessary to make electrons in a carbon atom change energy levels is the same for every carbon atom in the universe.
- The Deep Space Atomic Clock uses mercury atoms; a different frequency is necessary to make those electrons change levels, and that frequency will be consistent for all mercury atoms.



- "The fact that the energy difference between these orbits is such a precise and stable value is really the key ingredient for atomic clocks,"
- "It's the reason atomic clocks can reach a performance level beyond mechanical clocks."



- Being able to measure this unchangeable frequency in a particular atom offers science a universal, standardized measurement of time.
 ("Frequency" refers to the number of waves that pass a particular point in space in a given unit of time.
- So, by counting waves, it's possible to measure time.)

A chance to settle a constitutional clash

wo questions of seminal importance are at stake in Property Owners
Association vs State of Maharashtra, in which hearings recently concluded before a nine-judge Bench of the Supreme Court of India. First, what does the term "material resources of the community" used in Article 39(b) of the Constitution denote? Second, are laws made in furtherance of the goal stipulated in Article 39(b) – that is, legislation aimed at securing ownership of resources and distributing them to best subserve the common good – immunised from challenges premised on the fundamental rights to equality and freedom?

The second of these questions brings to sharp focus a clash between Part III of the Constitution, which delineates fundamental rights, and Part IV, which enumerates a set of "Directive Principles of State Policy" (IDFSP). The Constitution expressly makes fundamental rights enforceable, while DPSPs are regarded as goals that the state is expected to work towards. The tension between these parts has simmered through India's history, reaching boiling point in the 1970s when the Constitution was routinely amended, primarily to make certain kinds of legislation exempt from iudicial review.

The Supreme Court has from time to time attempted to clarify where the law stands, starting with the verdict of its 13-judge Bench in Kesavananda Bharati vs State of Kerala (1973). But the conflict has never really gone away. The uneasy relationship between the two parts has now reared its head again. How the Bench in Property Owners answers the reference made to it will have a deep bearing on the Constitution's future course.

At its inception, the Constitution's bare text was clear enough. Article 13 declared that any law made in breach of a fundamental right would be woid. Article 37, on the other hand, declared that DPSPs will not be "enforceable in any court". Yet, it said that its precepts would be treated as fundamental in the country's governance and the State would be obliged to apply them in making

The Court in some of its earliest judgments described the hierarchy. Part III, wrote Chief Justice S.R. Das, in Mohd. Hanif Juareshi vs State of Bihar (1958), cannot be reduced to "a mere rope of sand". He said, "the State should certainly implement the directive principles, but it must do so in such a way that its laws do not take away or abridee the fundamental rights".

The introduction of Article 31C

This balance came unstuck when the
Constitution was amended in 1971. Through the
25th amendment, Parliament, in a bid to place



Suhrith Parthasarathy

is an advocate practising at the Madras High Court

The top court

Association vs

Maharashtra, to

Property

Owners

State of

resolve the

clash between

fundamental

Principles of

State Policy

rights and

Directive

has a chance, in

introduced a new provision, Article 31C. This provision stipulated that a law giving effect to clauses (b) and (c) of Article 39 - which respectively entreated the state to make legislation towards securing the material resources of the community and towards implementing an economic system that does not result in concentration of wealth - could not be declared void on the ground that it violated the rights conferred by Articles 14 or 19. This meant that the laws so made were exempt from any challenge on grounds that they contravened the right to equality under Article 14 or one of the other of the bundle of freedoms contained in Article 19, including the rights to freedom of expression, and to profession, business, and trade. Consider the consequences: Parliament might believe that the printing press is a material

some of its laws beyond judicial review,

Consider the consequences: Parliament might believe that the printing press is a material resource of the community. It might then proceed to nationalise the media. The measure, it might say, is made with a view to securing the common good under Article 39(b). As an upshot of the 25th amendment, this law could neither be challenged on the ground that it did not subserve the common good nor could it be found void on the ground that it infringed our right to free speech.

Kesavananda alleviated some of these potentially drastic results. Through a narrow majority of seven to six, with Justice H.R. Khanna's controlling opinion tipping the balance, the Court found that an amendment which offended the Constitution's basic structure would be void. Justice Khanna further found that the 25th amendment partially fell afoul of this theory. He held that to the extent that it forbade any examination on whether a law made was in furtherance of Articles 39(b) and (c) it transgressed the principle of judicial review. But he upheld the amendment insofar as it protected such laws from challenges grounded on Articles 14 and 19. Oddly though, the six judges who otherwise formed part of the minority, by holding that Parliament had unlimited power to amend the Constitution, did not engage in any independent analysis on the 25th amendment. This meant that while a majority found a part of Article 31C void, Kesavananda offers no clear verdict on whether the amendment -insofar as it exempts certain laws from fundamental rights challenges - otherwise breaches the Constitution's basic features.

More changes

Despite this, in 1976, through the 42nd amendment, Parliament made further changes to Article 31C. These were even more far-reaching. They stipulated that a law made in furtherance of any DPSP – and not merely a law made in furtherance of Articles 39(b) and (c) – would enjoy safe harbour.

In Minerva Mills vs Union of India (1980), a five-judge Bench declared the amendment unconstitutional. The Court found that while DPSPs provided the ends of governance, fundamental rights constituted the means to such ends. Articles 14, 19 and 21, wrote Chief Justice YV. Chandrachud stood between the "heaven of freedom into which Tagore wanted his country to awake and the abyss of unrestricted power". This amendment, he added, "removed two sides of that golden triangle".

But what is the precise consequence of this ruling? Does Article 3IC now go back to its original form, as contained in the 25th amendment, sans the portions that were struck down by the majority in *Kesavananda?* Or is it in a state of suspended reality, where its validity remains in the balance?

The issue is complicated by another judgment delivered by Justice YV. Chandrachud, on behalf of a five-judge Bench in Waman Rao vs Union of India. Here, somewhat at odds with his own opinion in Minerva Mills, he held that the unamended Article 3IC was valid, because it was impossible to conceive how a law made in furtherance of Articles 39(b) and (c) could at all infringe the rights under Articles 14 and 19. This finding is clearly incorrect. As we saw, a law made to purportedly subserve the common good – for example, a nationalising of the printing press – can have grave consequences on our liberty.

In Property Owners, the Court will decide on the validity of a law that allows a State government board to acquire complete control over dilapidated buildings, if done with the consent of at least 70% of residents. To resolve this, it will examine whether the law furthers Article 39(b) under which it is purportedly made. But even assuming it answers this in the affirmative, the question still remains: can the statute also be tested on the touchstone of Articles 14 and 19?

An opportunity

Regardless of the judgments in Waman Rao and Sanjeev Coke vs Bharat Coking Coal (1982), which followed it, to date there is no conclusive analysis from the Supreme Court on Article 31C, in the form introduced by the 25th amendment, and its adherence to the Constitution's basic structure. This has meant that fundamental rights and DPSPs have been in perennial conflict. The Court has a chance in Property Owners to resolve this clash and, in the process, provide a fillip to the Constitution's most cherished guarantees.





- First, what does the term "material resources of the community" used in Article 39(b) of the Constitution denote?
- Second, are laws made in furtherance of the goal stipulated in Article 39(b) — that is, legislation aimed at securing ownership of resources and distributing them to best subserve the common good immunised from challenges premised on the fundamental rights to equality and freedom?
- The second of these questions brings to sharp focus a clash between Part III of the Constitution, which delineates fundamental rights, and Part IV, which enumerates a set of "Directive Principles of State Policy" (DPSP).
- The Constitution expressly makes fundamental rights enforceable, while DPSPs are regarded as goals that the state is expected to work towards



- Article 13 declared that any law made in breach of a fundamental right would be void. Article 37, on the other hand, declared that DPSPs will not be "enforceable in any court.
- Through the 25th amendment, Parliament, in a bid to place some of its laws beyond judicial review, introduced a new provision, Article 31C.
- This provision stipulated that a law giving effect to clauses (b) and (c) of Article 39 — which respectively entreated the state to make legislation towards securing the material resources of the community and towards implementing an economic system that does not result in concentration of wealth — could not be declared void on the ground that it violated the rights conferred by Articles 14 or 19.



- This meant that the laws so made were exempt from any challenge on grounds that they contravened the right to equality under Article 14 or one of the other of the bundle of freedoms contained in Article 19, including the rights to freedom of expression, and to profession, business, and trade.
- Kesavananda alleviated some of these potentially drastic results.
- Through a narrow majority of seven to six, with Justice H.R. Khanna's controlling opinion tipping the balance, the Court found that an amendment which offended the Constitution's basic structure would be void.



Justice Khanna further found that the 25th amendment partially fell afoul of this theory.

He held that to the extent that it forbade any examination on whether a law made was in furtherance of Articles 39(b) and (c) it transgressed the principle of judicial review.

But he upheld the amendment insofar as it protected such laws from challenges grounded on Articles 14 and 19.



42nd amendment, Parliament made further changes to Article 31C. These were even more far-reaching.

They stipulated that a law made in furtherance of any DPSP — and not merely a law made in furtherance of Articles 39(b) and (c) — would enjoy safe harbour. In Minerva Mills vs Union of India (1980), a ve-judge Bench declared the amendment unconstitutional.

The Court found that while DPSPs provided the ends of governance, fundamental rights constituted the means to such ends. Articles 14, 19 and 21, wrote Chief Justice Y.V. Chandrachud stood between the "heaven of freedom into which Tagore wanted his country to awake and the abyss of unrestricted power".

This amendment, he added, "removed two sides of that golden triangle".



- justice Y.V. Chandrachud, on behalf of a ve-judge Bench in Waman Rao vs Union of India.
- Here, somewhat at odds with his own opinion in Minerva Mills, he held that the unamended Article 31C was valid, because it was impossible to conceive how a law made in furtherance of Articles 39(b) and (c) could at all infringe the rights under Articles 14 and 19.



- In Property Owners, the Court will decide on the validity of a law that allows a State government board to acquire complete control over dilapidated buildings, if done with the consent of at least 70% of residents.
- To resolve this, it will examine whether the law furthers Article 39(b) under which it is purportedly made.



 Nagaland has been the only State where 33% of the seats or wards in the ULBs have not been reserved for women as mandated by clause IV of the 74th Amendment to the Constitution of India because of opposition from the Naga hohos (traditional apex tribal bodies) who argued that such a quota would violate the special provisions granted by Article 371A of the Constitution to Nagaland.



 The tribal bodies were initially opposed to reservation as Naga women have traditionally not been part of the decision-making bodies while pointing out Article 371A insulates the religious and social practices of the Nagas from any Act of Parliament.

Columbia's missing snow





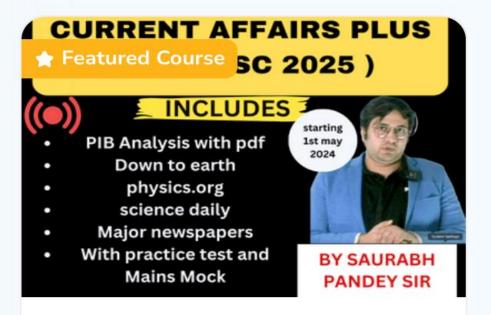
A tourist explores the Ritacuba Blanco glacier at Colombia's El Cocuy National Natural Park. The glacier, one of Colombia's highest peaks, should be covered by a blanket of homogeneous snow. But a brutal El Niño phenomenon melted it and exposed gigantic crevasses. AFP



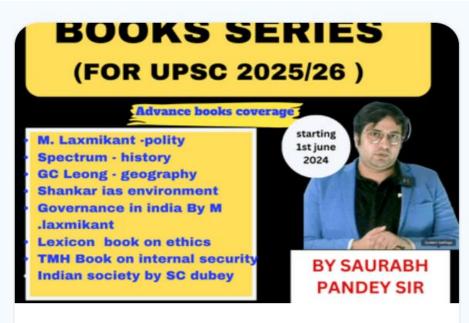
- the Ritacuba Blanco glacier at Colombia's El Cocuy National Natural Park.
- The glacier, one of Colombia's highest peaks, should be covered by a blanket of homogeneous snow.
- But a brutal El Niño phenomenon melted it and exposed gigantic crevasses.

FOR UPSC 2025 / 26 (download saurabh pandey

CSE app — Connect with sir 9057921649



Current affairs Plus For UPSC 202 5 (PIB, Down to earth, Yojana , ...



Books series for UPSC 2025/26

Created by: You(Owner)

FOR UPSC 2025 /26



Launched

- 1- Current affairs plus PIB, YOJANA, Down to earth, physics.org, Major newspapers.
 - 2- Books series all advanced books in one course

UPCOMING

- 1- Mains Mentorship program
- 2- GS-1,2,3 and 4
- 3- Mapping
- 4- NCERTS
- 5- Test series for 2025
- 6- essay
- 7- Agriculture optional

DOWNLOAD - Saurabh pandey cse app

+91 90579 21649



Courses for 2024 prelims 40 PER OFF TODAY

'9057921649

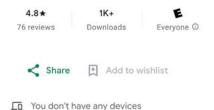
- 1- PT 730 2YRS CURRENT AFFAIRS Connect with sir
- 2- INTERNATIONAL RELATIONS
- 3- Agriculture for GS
- 4- Advance topics of science tech
- 5- prelims vijay series (10 full length testS)

Visit - saurabhpandeyupsc.com

?

Saurabh Pandey CSE

Saurabh Pandey CSE













App support ~

Target Mains -2024/25

Q "Colonisation of moon has multiple objectives "Elaborate.

प्रश्न "चंद्रमा के उपनिवेशीकरण के कई उद्देश्य हैं" विस्तार से बताएं।

Connect with sir **9057921649**

send your answer - Saurabh pandey upsc telegram channel



For pdf

Telegram - The hindu analysis by saurabh sir

Link

https://t.me/gesreporter

1

Link in description

